**Dear Parent,**

As [INSERT SCHOOL NAME] continues to grow in a digital age, it’s important for us to adopt education technology tools that address the evolving needs of our students and their learning environment.

The U.S. Surgeon General recently issued a warning to address the declining state of mental health among youth. With your child in our care for a large portion of the day, it’s important that we take this issue seriously.

Moving forward, the wellbeing of our student population is a key focus. To address this, we have implemented an online wellbeing platform called Linewize Pulse.

**What is Linewize Pulse?**

Linewize Pulse is a student culture and wellbeing platform that engages students with short, 60-second weekly wellbeing check-ins.

The purpose of Pulse is twofold: provide students with an easy way to raise their hand when they need help and enable us to identify areas where students may need additional support.

**What does a weekly wellbeing check-in consist of?**

Pulse check-ins consist of two types of questions: one “Wellbeing” question and 4-5 “Experience” questions.

The Wellbeing question — “How are you feeling today?” — will repeat each week and is the only identifiable question. Students who answer by selecting “I need help” can choose from a list of approved staff members who they feel comfortable sharing more with.

Experience questions are completely anonymous and differ week to week. They consist of statements such as:

* *I can remember information presented in class and textbooks*
* *At my school, there is a teacher or another adult who really cares about me*

Parents can access the full set of evidence-based questions by visiting Linewize.com/Pulse-Parents.

**What is unique about Pulse?**

Pulse’s “Gratitude” feature gives students the opportunity to send a gratitude shoutout to peers and staff, as well as reflect on the things they are grateful for in their own lives. Studies show that receiving and giving gratitude has a positive impact on mental health.

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**Parental Consent / Permission**

Our mission is to protect the welfare of our students by providing sufficient support to students. To do so, parents are required to give [INSERT SCHOOL NAME] consent to ask students questions that are related to their wellbeing, such as “How are you feeling?”

While we can’t identify which students respond negatively to Experience questions (due to their anonymity), the answers provided via Pulse allow us to **1)** respond to student needs in a relevant and timely manner and **2)** make improvements to programs, curriculum, and resources based on collective trends.

To do so, parents are required to give [INSERT SCHOOL NAME] consent to ask students wellbeing-related questions. Please inform [INSERT CONTACT] of your consent status in writing by [INSERT DATE].

* I ***do*** give [INSERT SCHOOL NAME] permission to ask my child questions that may be related to wellbeing.
* I ***do not*** give [INSERT SCHOOL NAME] permission to ask my child any questions that may be related to their wellbeing.

Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date \_\_\_\_\_\_\_\_\_\_\_